

## Behavioral health resources needed for members

In the wake of the Michigan State University tragedy, we expect to receive an increased number of requests for behavioral health services from members throughout Michigan.

### **We're asking behavioral health providers to accommodate increased numbers of patients**

We're asking that our behavioral health providers be ready to receive patients sent by Michigan State University or by behavioral health staff at Blue Cross Blue Shield of Michigan and Blue Care Network.

We will appreciate all efforts by behavioral health providers to accommodate patients who need help following the MSU events.

Blue Cross and BCN behavioral health staff will work with behavioral health providers to make the referral of each patient as smooth as possible.

### **Behavioral health resources for all providers to discuss with patients**

All providers can refer to the document [Behavioral health resources to discuss with your patients](#) for information about:

- Main Blue Cross and BCN numbers to call
- Resources on the web for Blue Cross and BCN members
- Online therapy
- Local behavioral health crisis resources
- National behavioral health crisis resources