

Here's billing information for intensive outpatient program services for mental health, starting July 1

Effective July 1, 2023, we'll cover intensive outpatient program, or IOP, services for mental health in Michigan for Blue Cross Blue Shield of Michigan commercial members. Some groups with Blue Cross commercial coverage already cover this service.

Outpatient psychiatric day care providers should report IOP services for mental health using an appropriate HCPCS code.

- For IOP mental health services given in an outpatient hospital setting, revenue codes 0905 and 0906 must be reported with an appropriate mental health diagnosis and a valid CPT/HCPCS procedure code combination. These revenue codes are being added to the All-Other Remainder, or AOR, category for fee-based reimbursement.
- For mental health services given in an approved freestanding residential hospital-based or outpatient substance abuse facility for IOP, revenue code 0905 (Psychiatric) should be billed with an appropriate mental health diagnosis. Reimbursement for these locations will be based on an established rate.
- Mental health services for IOP admissions don't require preauthorization.