

## Updated reminder: Changes for in-lab sleep studies to start Oct. 9

We updated an earlier version of this communication as follows:

- In the section about dates of service on or after Oct. 9, 2023, we clarified where to submit prior authorization requests for BCN Advantage members whose providers are out of network.
- In the section about dates of service before Oct. 9, 2023, we corrected the date in the note.

Prior authorization requirements for in-lab sleep studies will change for dates of service on or after Oct. 9, 2023.

### For dates of service on or after Oct. 9

- For Medicare Plus Blue members, prior authorization won't be required for in-lab sleep studies.
- For BCN Advantage members, prior authorization won't be required for in-lab sleep studies when the provider is in network for the member's plan. If the provider is out of network, prior authorization will be required. Submit prior authorization requests to BCN Utilization Management through the e-referral system.

### For dates of service prior to Oct. 9

Continue to submit prior authorization requests as you do now. Specifically:

- For Medicare Plus Blue members, submit prior authorization requests to Carelon Medical Benefits Management through the Carelon ProviderPortal.  
  
Additional options for submitting requests are outlined on the Blue Cross [Carelon-Managed Procedures](#) webpage at [ereferrals.bcbsm.com](http://ereferrals.bcbsm.com).
- For BCN Advantage members, submit prior authorization requests to BCN Utilization Management through the e-referral system.

You must complete the [sleep study questionnaire](#) in the e-referral system.

Note: Use the methods above to submit retroactive authorization requests and appeals related to dates of service before Oct. 9, 2023.

### Additional information

Prior to Oct. 9, we'll update several documents to reflect these changes, including:

- [Procedures that require prior authorization by Carelon: Cardiology, radiation oncology, radiology \(high technology\) and sleep studies \(in lab\)](#)



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## Provider alert

Medicare Plus Blue<sup>SM</sup> and BCN Advantage<sup>SM</sup>

Category: Authorizations/referrals

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- [BCN referral and authorization requirements for Michigan providers](#)

Note: These documents already reflect the changes for in-lab sleep management studies that went into effect starting Sept. 1, 2023. Those changes apply to Blue Cross Blue Shield of Michigan and Blue Care Network commercial members.

Carelon Medical Benefits Management is an independent company that contracts with Blue Cross Blue Shield of Michigan and Blue Care Network to manage prior authorizations for select services.