Nonprofit corporations and independent licensees of the Blue Cross and Blue Shield Association

Blue Cross commercial and BCN commercial Category: Authorization/referrals

Date posted: Oct. 13, 2023

## Carelon won't manage home sleep studies starting Jan. 1

We recently communicated a change in the management of home sleep studies for our commercial members.

However, we've since determined that we won't make this change. Instead, continue to handle home sleep studies for commercial members as follows:

- For Blue Cross Blue Shield of Michigan commercial members, home sleep studies don't require prior authorization.
- For Blue Care Network commercial members, home sleep studies require plan notification to facilitate claims payment.

In the earlier communication, we had stated that Carelon Medical Benefits Management (formerly known as AIM Specialty Health®) would manage prior authorizations for home sleep services for commercial members for dates of service on or after Jan. 1, 2024.

We apologize for any confusion about this change.

Carelon Medical Benefits Management is an independent company that contracts with Blue Cross Blue Shield of Michigan and Blue Care Network to manage prior authorizations for select services.