

Blue Cross Behavioral Health no longer requires autism diagnostic re-evaluations

As of Jan. 1, 2024, Blue Cross Behavioral HealthSM no longer requires a diagnostic re-evaluation by an approved autism evaluation center or by independent providers every three years. Diagnostic re-evaluations are optional and can be completed based on clinical need during treatment.

Here are the current guidelines:

- An initial diagnostic evaluation is required prior to treatment, to establish an autism diagnosis and identify possible treatment needs.
- A diagnostic re-evaluation is **optional**, based on clinical need.

Prior to Jan. 1, 2024, a diagnostic re-evaluation was required every three years. That requirement is no longer in effect.

Note: This doesn't affect the reassessments that licensed behavior analysts and others complete as needed once autism treatment has begun.

We're updating these documents to include this information:

- [Obtaining an autism diagnostic evaluation and finding treatment](#)
- [Autism diagnostic evaluation results form](#)
- [Blue Cross Behavioral Health: Frequently asked questions for providers](#)

These documents and other autism-related resources are available on these webpages on our [ereferrals.bcbsm.com](https://www.ereferrals.bcbsm.com) website:

- [BCN Autism Services](#)
- [Blue Cross Autism Services](#)

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