

Training opportunities for in-lab sleep studies managed by Blue Cross and BCN

Starting Nov. 3, 2025, health care providers will need to do the following for in-lab sleep studies for most Blue Cross Blue Shield of Michigan and Blue Care Network commercial members:

- Submit prior authorization requests for most adult commercial members through the e-referral system.
- Submit plan notification for pediatric BCN commercial members through the e-referral system when the in-lab sleep study will be performed in the East or Southeast region.

For detailed information about this change, see the provider alert titled [Learn more about prior authorization process changes for in-lab sleep studies for commercial members](#).

We'll offer the following training opportunities to help health care providers navigate these changes. To find these opportunities, go to our Provider Training site and search for *sleep*.

Important! Before attending a Q & A session, be sure to watch the recorded webinar and the recorded demo.

Training opportunity	Date	Click this link on the Provider Training site
Recorded webinar to introduce the process	Available by Oct. 15	<i>Enhanced prior authorization process for sleep studies for commercial patients presentation</i>
Recorded demo of the process	Available by Oct. 27	<i>Enhanced prior authorization process for sleep studies for commercial patients mini module</i>
Live Q & A session	<ul style="list-style-type: none"> • Tuesday, Nov. 11, from noon to 12:45 p.m. • Thursday, Nov. 13, from noon to 12:45 p.m. • Wednesday, Nov. 19, from noon to 12:45 p.m. 	<i>Enhanced prior authorization process for sleep studies for commercial patients Q & A session</i>

To access the training site, follow these steps:

1. Log in to the provider portal at avallity.com.**
2. Click *Payer Spaces* on the menu bar and then click the BCBSM and BCN logo.
3. Click the *Provider Training Site* tile in the Applications tab.
4. Select an organization and click *Submit*.



**Blue Cross
Blue Shield
Blue Care Network**
of Michigan

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Provider alert

Blue Cross commercial and BCN commercial

Categories: Authorizations/referrals, Training

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For issues regarding access to or navigating the site, email ProviderTraining@bcbsm.com.

[Subscribe](#) to Provider Alerts Weekly, a weekly email with a list of links to the previous week's provider alerts.

**Clicking this link means that you're leaving the Blue Cross Blue Shield of Michigan and Blue Care Network website. While we recommend this site, we're not responsible for its content.

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