

Training and FAQ now available for prior authorization process changes for in-lab sleep studies managed by Blue Cross and BCN

As we communicated previously, prior authorizations for in-lab sleep studies for most Blue Cross Blue Shield of Michigan and Blue Care Network commercial members will be managed by Blue Cross and BCN starting Nov. 3, 2025.

The following resources are now available to help health care providers navigate the changes:

Resource	Details
<i>Enhanced prior authorization process for sleep studies for commercial patients presentation</i>	This recorded webinar introduces the new process for in-lab sleep studies. To watch the training, go to our Provider Training site and search for <i>sleep</i>. See the provider alert titled Training opportunities for in-lab sleep studies managed by Blue Cross and BCN for information about: • Additional training opportunities, including the upcoming recorded training demonstration and Q & A sessions • How to access the Provider Training site
In-lab sleep studies: Frequently asked questions for providers	In this document, you'll find information such as: • The procedure codes that will require prior authorization or plan notification • The groups and members for which Blue Cross and BCN will manage in-lab sleep studies • Detailed information about prior authorizations, such as: ○ An outline of the request process ○ What documentation to include with requests ○ How to determine the outcome of a request ○ The clinical criteria we use to make determinations You also access the FAQ from the Blue Cross Sleep Studies page and the BCN Sleep Studies page on erefferrals.bcbsm.com.

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